

# RETURN TO CHEER ROADMAP

GOV.UK	WHAT	WHERE	HOW	WHEN
CURRENT	<ul style="list-style-type: none"> <li>No public gatherings</li> <li>No travel allowed</li> <li>Social distancing measures in place</li> </ul>	N/A	<ul style="list-style-type: none"> <li>Train at home</li> <li>Group training via online platforms</li> <li>No competitions</li> </ul>	N/A
STEP 1	<ul style="list-style-type: none"> <li>Bubbles of 2 people from different households</li> <li>Limited travel</li> <li>Social distancing measures in place</li> </ul>	N/A	<ul style="list-style-type: none"> <li>Train at home</li> <li>Group training via online platforms</li> <li>No competitions</li> </ul>	From March 8th 2021
STEP 1 <i>CONTINUED</i>	<ul style="list-style-type: none"> <li>Formally organised outdoor sport allowed</li> <li>Outdoor gatherings - rule of 6 people from 2 households</li> <li>Limited travel</li> <li>Social distancing measures in place</li> </ul>	Outdoor spaces only	<ul style="list-style-type: none"> <li>Train at home</li> <li>Group training via online platforms</li> <li>Outdoor, non contact training allowed</li> <li>No competitions</li> </ul>	From March 29th 2021
STEP 2	<ul style="list-style-type: none"> <li>Formally organised outdoor sport allowed</li> <li>Rule of 6 people from 2 households</li> <li>Limited travel</li> <li>Social distancing measures in place</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor spaces</li> <li>Indoor Gym</li> <li>Leisure Facilities</li> <li>Follow indoor operational and government guidance</li> </ul>	<ul style="list-style-type: none"> <li>Group training via online platforms</li> <li>Under 18's indoor activities can resume (non contact)</li> <li>No competitions</li> </ul>	From April 12th 2021
STEP 3	<ul style="list-style-type: none"> <li>Formally organised indoor sport, dance and exercise allowed</li> <li>Social distancing measures in place</li> </ul>	<ul style="list-style-type: none"> <li>Indoor facilities</li> <li>Follow indoor operational and government guidance</li> </ul>	<ul style="list-style-type: none"> <li>Over 18's indoor training can resume (non contact)</li> <li>No competitions</li> </ul>	From May 17th 2021 for everyone
STEP 4	<ul style="list-style-type: none"> <li>All restrictions removed</li> </ul>	Indoor facilities	<ul style="list-style-type: none"> <li>Full training resumed</li> <li>Stunting allowed</li> <li>Competitions allowed</li> </ul>	From July 19th 2021 for everyone



The UKCA Roadmap  
for our sport is  
contingent with ongoing  
government guidance