

# SAFETY AWARENESS



## EMERGENCY PLAN

Your Coach/Teacher will have an Emergency Plan that will be activated in the event of an emergency.

This will include:

- Fire alarm and evacuation procedure.
- What will happen if there is an accident or injury during training sessions/performances.
- Instructions to keep all participants safe in the event of an emergency.

**As a Leader, it is important that you are aware of the Emergency Plan and fully understand how and when it should be put into action.**

**AS A LEADER, WHAT COULD YOU DO TO HELP IN THE FOLLOWING SITUATIONS?**

**YOU SEE SOMEONE FALL AND INJURE THEMSELVES?**

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**YOU SEE SOMEONE STRUGGLING TO BREATHE?**

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**YOU SEE SOMEONE WEARING JEWELLERY DURING A TRAINING SESSION?**

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**YOU SEE SOME WATER ON THE FLOOR?**

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## FIRST AID

There should always be a qualified First Aider present, however, only **Paramedics, Doctors** or **Coaches/Teachers with parental consent** should administer medication.

**As a Young Leader you should contribute to the shared responsibility of 'Safe Practice', however, the ultimate legal responsibility lies with your Coach/Teacher**