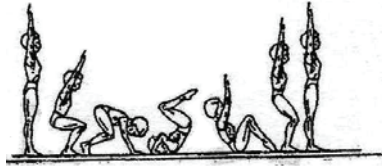
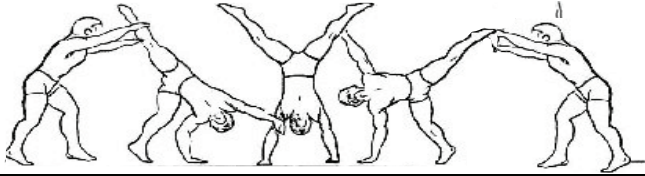
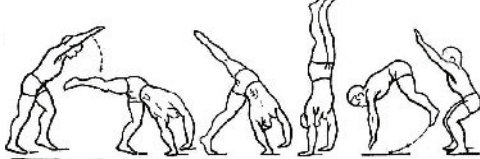
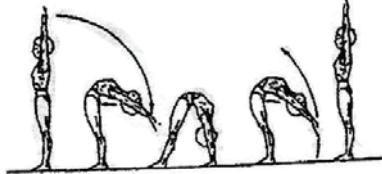
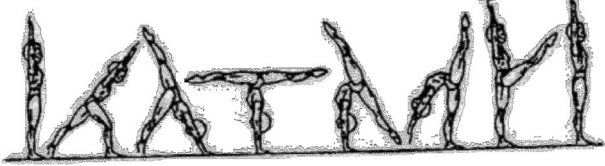


TUMBLING PROGRESSIONS

1. Forward Roll	
2. Backward Roll	
3. Handstand	
4. Cartwheel	
5. Round-Off	
6. Bridge	
7. Forward Walkover	
8. Backward Walkover	