



**TEENAGE CANCER TRUST
&
UK CHEERLEADING ASSOCIATION
WORKING IN PARTNERSHIP TO
SUPPORT EVERY YOUNG PERSON WITH CANCER**

WELCOME!



Welcome to our newsletter about our exciting partnership between the UK Cheerleading Association and Teenage Cancer Trust which now enters its third year. The newsletter will give you news about what's happening at Teenage Cancer Trust, the impact of how your support helps young people with cancer, and ways for you to get involved.

NO YOUNG PERSON SHOULD FACE CANCER ALONE

For any of you who don't know what we do, here's a little about the charity...

Every day, seven young people aged between 13-24 will be given the devastating news that they have cancer. That's around 2,500 a year - cancer kills more young people than any other disease.

Think back to when you were a teenager. Remember those landmark events: school exams, your first job, first dates, going to gigs, becoming independent, forming friendships, making key life decisions...Now imagine you are then told you have cancer. Teenage Cancer Trust is the only UK charity dedicated to improving the quality of life and chances of survival for young people with cancer aged between 13 and 24.

We believe a young person's life shouldn't stop because they have cancer, so we treat them as young people first, cancer patients second. We exist to ensure they have access to tailored, age appropriate professional support from the point of diagnosis.



Natasha's Story" My diagnosis was so vague, there was no mention of the word 'cancer' at all! I didn't really understand what was wrong with me. It was when I phoned a family friend it became clearer. She told me over the phone that Hodgkin's Lymphoma was a type of cancer, and gave me more information about it. I felt awful for her that she had to give me the full news. When I found out that I had cancer, I just cried. It might sound strange, but Teenage Cancer Trust, along with the staff, made my experience of cancer enjoyable. They helped make a really bad thing turn into a good experience, and, in many ways, a positive one during and after treatment."



SUPPORTING YOUNG PEOPLE

We have 28 specialist Teenage Cancer Trust units across the UK as well as outreach teams in the North West and West Midlands with more to follow over the next three years.

Our units are designed to feel like a home-from-home, truly designed to meet the needs of young people. They have TVs, games consoles, wifi; places to socialise and places to relax; pool tables and juke boxes.

We fund specialist Nursing Staff and Youth Support Coordinators on our units who provide a holistic approach to help young people deal with complex issues around their treatment plan, social isolation, fertility, appearance such as hair loss and weight gain, as well as making sure there are lots of fun, distracting and engaging things to do.

Our Education Executive delivers positive and interactive cancer awareness sessions in secondary schools on the five most common signs of cancer in young people. We want to empower young people to take control of their health and speak up when something changes.

UK CHEERLEADING

Our partnership with the UK Cheerleading Association has already raised a staggering **£10,092.50** so thank you to each and every one of you for getting involved and donating money at the events at the Velodrome in Manchester



But this year we want to really grow this partnership and as well as having our collecting buckets at the competitions we want cheerleading groups and individuals up and down the country getting involved and raising as much money as you can, because right now, for every young person we can support there is another that we can't and we don't want any young person to face cancer without the support of the Teenage Cancer Trust.

WAYS FOR YOU TO GET INVOLVED

We have loads of ways for you to get involved but here are just a few highlighted below!



From Sky Dives to Tough Mudder, Marathons to Fun Runs - take on a Challenge Event

Join #TeamTeenageCancer and have some fun!

We have pretty much every challenge event available so take a look and sign up here:
<https://www.teenagecancertrust.org/support-us/fundraise/events-and-challenges>

You will be fully supported from the day you register to the day you take part!

Sell Teenage Cancer Trust Merchandise at your school, club or neighbourhood!



Just drop me a line at vanessa.simmons@teenagecancertrust.org and we can deliver materials to your door to sell and spread the word!

Put on a cake sale at your school or cheerleading group



Contact your local supermarket and ask to do a bucket collection



We can provide buckets and letters of authority, all you need to do is sign up some friends to volunteer and away you go!

We're here to help!

Whether you're into running, trekking, cycling or swimming we will help you find the perfect challenge to suit you. If you prefer quiz nights, fashion shows, bake sales or gala dinners then we can give you lots of help to set your event up. We are here to help in any way that we can to ensure you get the most out of your fundraising and that the young people we support get the most from this amazing partnership!

Let's get every club involved this year and let's make a difference!

Thank you so much for your incredible support!

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